

SAN
ROSSORE

ACADEMY

MEDICAL AND SPORTS TRAINING

ACCIDENT PREVENTION IN YOUNG FOOTBALLERS

Monday November 14, 2022
from 15.00 to 18.15

at Auditorium Muzio Fratta
SAN ROSSORE SPORT VILLAGE
Viale delle Cascine, 125/F
56122 Pisa (PI)



ACADEMY PROGRAM

- Theoretical-practical course
- CME Course
- Event ID: 361158
- CME Credits: 3
- Maximum number of participants: 60

Scientific Director:

Dr. Di Mitri Roberto

Scientific Committee:

Dr. Paolo Parchi – Dr. Santarelli Giovanni

Faculty:

Prof. Castellacci Enrico – Prof. Lioci Giuseppe
– Dr. Santarelli Giovanni – Dr. Ciampini Gianluca
– Dr. Casarosa Simone – Dr. Parchi Paolo
– Dr. Gravina Giovanni.

- 15:00-15:10 | *Enrico Castellacci*
Greetings and introduction.

SESSION 1

Chairmen: *Lioci Giuseppe – Santarelli Giovanni*

- 15:10-15:30 | *Gianluca Ciapini*
How many and which injuries in the young footballer?

- 15:30-15:50 | *Luca Trotta*
**The role of athletic preparation:
from the game to the development of an athlete.**
- 15:50-16:10 | *Simone Casarosa*
**The role of proprioception:
from the game to the development of an athlete.**
- 16:10-16:30
Coffee Break.

SESSION 2

Chairmen: *Enrico Castellacci – Parchi Paolo*

- 16:30-16:50 | *Lioci Giuseppe*
**Alarm bells: overuse, growth pathologies,
and predisposing factors.**
- 16:50-17:10 | *Giovanni Gravina*
Nutrition: an aspect often little considered.
- 17:10-17:30 | *Simone Casarosa*
The return to play after an injury: when and how.
- 17:30-18:15 | *(panel of experts, doctors, physiotherapists)*
Round Table "Questions and answers".
- 18:15-18:30
Closing Remarks CME practices.

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CASA DI CURA SAN ROSSORE