

SAN
ROSSORE

ACADEMY

FORMAZIONE MEDICA E SPORTIVA

THE MENISCAL INJURY IN THE ATHLETE A COMPLETE JOURNEY

GENNAIO 2024



ACADEMY PROGRAMM

- 15:00-15:10 | *Enrico Castellacci – Paolo Parchi*
Welcome

Session 1

Moderator:

- 15:10-15:25 |
Incidence of meniscal injury and types of traumas
- 15:25-15:40 |
Evaluation and conservative treatment
- 15:40-15:55 |
Meniscectomy vs Meniscal repair?
- 15:55-16:25
The treatment of the associate lesions
- 16:25-16:55
Coffee Break.

Session 2

Moderatori:

- 16:55-17:10 |
The prevention of meniscal injury : the role of athletic trainers
- 17:10-17:25 | *Giovanni Santarelli -Simone Casarosa*
The rehabilitation after a meniscectomy or meniscal repair
- 17:25-17:40 |
The return to play
- 17:40-18:30
Closing Remarks.

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